

FREESIA CONTINENTAL BREAKFAST



JUICES

Orange, Pineapple, Grapefruit, Apple,
Tomato, Cranberry

CEREALS

Cornflakes, Rice Krispies, Branflakes, Crunchy Nut Cornflakes,
Alpen, Weetabix

FRESH

Fresh Fruit Platter

Berry Compote - Low fat Natural Yoghurt, Homemade
Berry Compote, Granola & Mixed Berries

Fresh Grapefruit

Porridge served with golden syrup or honey

PASTRIES

A selection of mini Croissants

EUROPEAN STYLE

Selection of meats and cheeses served with
freshly baked bread rolls.

TOAST

Thickly sliced white, wholegrain or gluten free bread
served with selection of jams, honey and marmite.

HOT DRINKS

Tea, Cafetiere Coffee, Fruit Teas, Decaffeinated Tea,
Decaffeinated Coffee or Hot Chocolate
